

FOR HOME ECONOMICS TEACHERS

41 chat prompts

Prompts for Home Economics Teachers.

*Ready-to-use prompts for planning,
teaching and reflection.*

*The right tool at the right time.
Part of the WISE Framework for Education at
choosewise.education.*

VOL.

12

Glossary

A few terms that recur throughout this guide. If you already know them, skip ahead to the framework on the next page.

AI — Artificial Intelligence

An attempt to make machines mimic brain functions — to "think" and learn roughly the way humans do. We don't fully understand how the brain works, but we can try to replicate the parts we do understand.

Prompt

An instruction given to a chatbot to get a desired response or task performed.

Iterate

After receiving a response from a chatbot, you refine and clarify the parts you're not satisfied with — sharpening the answer until it's what you want. The better your starting prompt, the fewer iterations you'll need.

Chatbot

A chatbot has been trained to find patterns in large amounts of text. It uses those patterns to generate a response to your prompt. The answer is produced in real time.

GPT

The underlying model (Generative Pre-trained Transformer) that a chatbot uses. The same GPT can power different chatbots — for example, Copilot and ChatGPT have both used OpenAI's GPT.

Generative AI

AI that creates (generates) text, images, video, or sound in real time when prompted to do so.

Bias

AI responses can be skewed or partial, depending on the data the AI was trained on and the biases present in that data. These biases are harder to spot in chatbots than in image-generating AI.

Hallucination

The text you receive from a chatbot is based on patterns in its training data, but word generation also involves randomness — meaning generated words can sometimes create a meaning that simply isn't true.

A framework for writing your own prompts

Role: Act as an experienced physics teacher.

Task: Create a lesson plan that introduces year 8 students to optics.

Context: I teach at a middle school, have 25 students in my class, and the lesson is 60 minutes long.

Format: Link content and activities to the physics curriculum and give me a plan that describes each part of the lesson and the materials required.

Tone: Use a formal but friendly tone.

A few chatbots to know

AI can also generate images and more, but we focus here on chat capabilities.

ChatGPT — OpenAI's chatbot

Gemini — Google's chatbot

NotebookLM — Google's tool that can, among other things, generate a two-voice podcast

Copilot — Microsoft's chatbot

Claude — Anthropic's chatbot

Perplexity — From San Francisco, was early to include source links

Duck AI — DuckDuckGo's chatbot, lets you pick among several GPTs

Mistral AI — A chatbot from France

Most chatbots have age restrictions.

How to use the prompts

All the prompts are starting points — examples to get you going. Adapt them to fit your context.

After using a chatbot for a while, you'll learn what kinds of prompts work better or worse. Try the same prompt twice — first as-is, then with the prefix "Act as an experienced expert teacher in [subject]" — and see whether the quality of the response improves. A good response means a good prompt. A poor response means the prompt needs more context or adjustment. Some chatbots are better than others at certain tasks, so if you're not satisfied despite multiple tries, consider switching chatbot.

Brackets and privacy

You paste the prompt text into the chatbot's input field. Wherever brackets *[like this]* appear, replace the text inside with whatever fits your context.

Always double-check the responses — chatbot output is not guaranteed to be accurate.

Note: Think carefully before uploading texts or documents. Never upload personal data or sensitive information. Mind GDPR.

Home Economics Teachers

- 01 Create a lesson plan for a *[grade X]* class in Home Economics that meets the *[reference to current curriculum]* goals for *[specific focus, e.g. cooking]*, with three activities and a reflection.
- 02 Give me five strategies for motivating a *[grade X]* student who is disengaged in Home Economics cooking lessons, with one engaging idea for each.
- 03 Write a short guide for teaching a *[grade X]* class a basic kitchen skill (e.g. *[specific skill, e.g. chopping vegetables]*), with three steps and a recipe.
- 04 Suggest three ways to integrate *[specific theme, e.g. sustainable consumption]* into a Home Economics lesson for a *[grade X]* class, with one activity for each.
- 05 Create a list of five short encouraging phrases to build a *[grade X]* student's confidence during a cooking task in Home Economics.
- 06 Give me an example of a routine for starting a Home Economics lesson for a *[grade X]* class, with three steps and an introductory task on hygiene.
- 07 Suggest three ways to use local or seasonal ingredients in Sweden during a Home Economics lesson for a *[grade X]* class, with a recipe suggestion for each.
- 08 Write a short template for a 10-minute closing routine for a Home Economics lesson for a *[grade X]* class, with three elements (e.g. taste test, reflection).
- 09 Give me five ideas for making a Home Economics lesson for a *[grade X]* class more creative, focusing on *[specific goal, e.g. meal planning]*, with one example for each.
- 10 Create a list of three short reflection questions for a *[grade X]* class after a Home Economics lesson on *[specific theme, e.g. nutrition]*, to capture their insights.

11 Suggest three ways to collaborate with Science teachers at a *[primary school]* to connect Home Economics to *[specific theme, e.g. chemistry in cooking]*, with one idea for each.

12 Give me an example of a simple assessment of a *[grade X]* class's ability in *[specific skill, e.g. budgeting]*, with three criteria.

13 Write a list of five resources (e.g. apps, recipes) for a Home Economics lesson for a *[grade X]* class that support *[specific goal, e.g. sustainable choices]*.

14 Suggest three ways to adapt a Home Economics lesson for a *[grade X]* student with *[specific need, e.g. allergies]*, with one solution for each.

15 Create a weekly planning template for Home Economics for a *[grade X]* class, with three focus areas (e.g. cooking, economics, reflection).

16 Give me five ideas for using minimal ingredients in a Home Economics lesson for a *[grade X]* class to prepare *[specific recipe, e.g. soup]*, with one example for each.

17 Suggest three ways to introduce a *[grade X]* class to *[specific consumer knowledge, e.g. comparing prices]*, with one practical exercise for each.

18 Write a short guide for managing a stressful situation during a Home Economics lesson for a *[grade X]* class, with three steps and a calming strategy.

19 Give me an example of a Home Economics lesson for a *[grade X]* class that combines cooking with *[specific theme, e.g. culture]*, with three activities.

20 Create a list of three short ways to collaborate with the school kitchen at a *[primary school]* to reinforce *[specific goal, e.g. sustainability]*, with one example for each.

21 Create a lesson plan for a *[grade X]* class in Home Economics focusing on *[specific curriculum goal, e.g. household resources]*, with three activities and a short reflection.

22 Give me five ways to make cooking more enjoyable for a *[grade X]* class in Home Economics, with one creative idea for each that connects to their everyday lives.

23 Write a short guide for introducing a *[grade X]* class to *[specific kitchen skill, e.g. kneading dough]*, with three steps and a simple recipe.

24 Suggest three ways to connect a Home Economics lesson for a *[grade X]* class to *[specific theme, e.g. climate impact]*, with one cooking task for each.

25 Create a list of five short tips for a *[grade X]* student to succeed with *[specific task, e.g. planning a meal]*, based on your expertise.

26 Give me an example of a closing routine for a Home Economics lesson for a *[grade X]* class, with three steps and an evaluation activity.

27 Suggest three ways to use leftovers in a Home Economics lesson for a *[grade X]* class to create *[specific recipe, e.g. a gratin]*, with one example for each.

28 Write a short template for a 15-minute introduction to a Home Economics lesson for a *[grade X]* class on *[specific theme, e.g. nutrition]*, with three key points.

29 Give me five ideas for integrating *[specific tool, e.g. budgeting apps]* into a Home Economics lesson for a *[grade X]* class, with one purpose for each.

30 Create a list of three short discussion questions for a *[grade X]* class after a Home Economics lesson on *[specific topic, e.g. food waste]*, to reflect on their choices.

31 Suggest three ways to collaborate with Mathematics teachers at a *[grades 7–9 school]* to connect Home Economics to *[specific theme, e.g. proportions in recipes]*, with one idea for each.

32 Give me an example of a simple plan for teaching a *[grade X]* class to prepare a vegetarian dish over one lesson, with three steps and one learning goal.

33 Write a list of five simple recipes for a *[grade X]* class in Home Economics that reinforce *[specific goal, e.g. economic thinking]*, with a short description of each.

34 Suggest three ways to support a *[grade X]* student who feels uncertain in the kitchen during a Home Economics lesson, with one supportive approach for each.

35 Create a term planning template for Home Economics for a *[grade X]* class, with three focus areas (e.g. cooking, economics, health) and timeframes.

36 Give me five ideas for cooking with seasonal ingredients in a Home Economics lesson for a *[grade X]* class, with one recipe suggestion for each.

37 Suggest three ways to introduce a *[grade X]* class to *[specific consumer skill, e.g. reading ingredient labels]*, with one exercise for each.

38 Write a short guide for supporting a *[grade X]* student with *[specific need, e.g. motor difficulties]* in a Home Economics lesson, with three steps.

39 Give me an example of a Home Economics lesson for a *[grade X]* class that combines cooking with *[specific theme, e.g. global food traditions]*, with three activities.

40 Create a list of three short ways to collaborate with parents at an *[upper secondary school]* to reinforce *[specific goal, e.g. healthy eating habits]*, with one example for each.

41 Suggest three ways to collaborate with different subject teachers at a *[grades 7–9 school]* to connect Home Economics to content that also appears in other school subjects. Give me two concrete ideas for each way of collaborating.

CONTINUE ON THE WEB

The right tool at the right time.

This collection is part of a library of AI prompts for every role in the school — free to use, adapt, and share.

More prompt sets

Find prompts for principals, subject teachers, school leaders, support staff and more at choosewise.education/prompts

The WISE Framework for Education

Four questions that turn any "should we use this AI tool?" conversation into a structured decision — choosewise.education/wise

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